

The background features a series of overlapping, wavy lines in shades of green, yellow, and blue, creating a sense of depth and movement. A bright, warm light source is visible in the upper left, casting a soft glow across the scene.

# STRATEGIES FOR AT HOME LEARNING

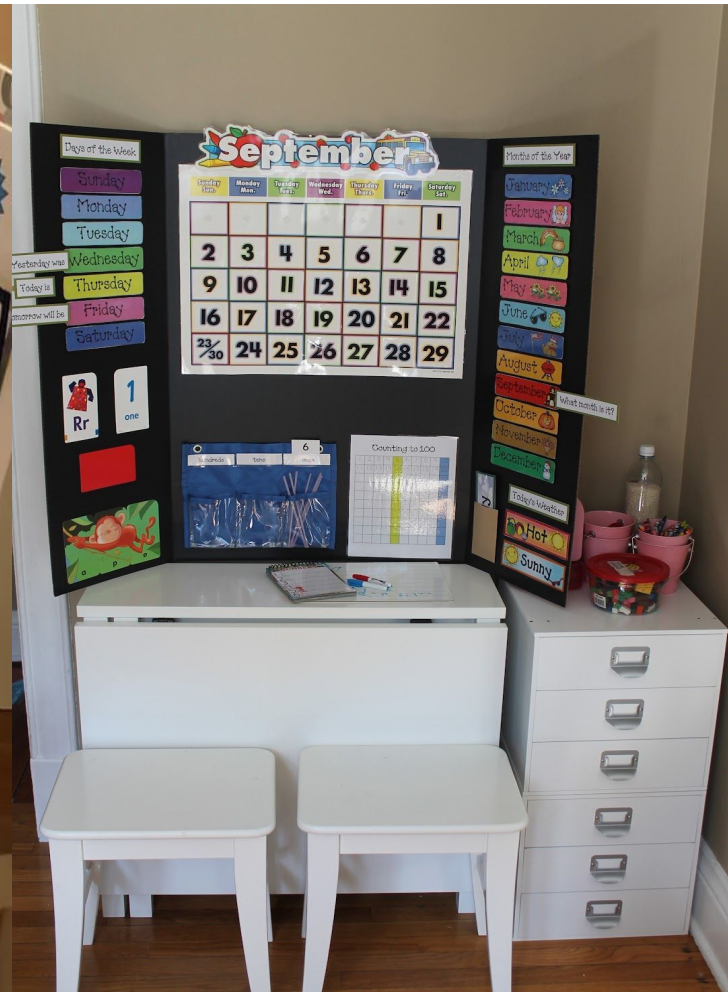
Eric Frantino, BCBA & Megan Berger, MA



# DESIGNATED WORK LOCATIONS

- Find a location in the home that can be associated with with specifically work:
  - Desk in bedroom
  - Section of dining room table
  - Quiet space in basement
- Keep educational materials in this area- only engage in work activities in this area (eating, checking phone should be done in separate area)
- Consider having separate devices for work and play ex: chrome book for work, ipad for play

## Tri- Fold Remote Learning Area





## Organize Work Area





## MAKING A DAILY SCHEDULE

- At the beginning of each week and/or day, look at the required tasks for each course
- Break up the work into reasonable (depending on your child's ability to attend) intervals for work to be completed
- Schedule for reinforcing activities between academic work (highly preferred for an un-preferred topic)
- We highly suggest making the home schedule as similar to your child's school schedule as possible, even including recess time

# DAILY ROUTINE

8:00	Breakfast	
8:30	Get ready	
9:00	Chores	
10:00	School Work	
11:00	Free Time	
12:00	Lunch	
1:00	Reading	
1:30	School Work	
2:00	Snack	
3:00	Free Time	



## Kids Daily Schedule

### Thursday

Time	Activity	Done
8am		<input type="checkbox"/>
9am		<input type="checkbox"/>
10am		<input type="checkbox"/>
11am		<input type="checkbox"/>
12pm		<input type="checkbox"/>
1pm		<input type="checkbox"/>
2pm		<input type="checkbox"/>
3pm		<input type="checkbox"/>
4pm		<input type="checkbox"/>
5pm		<input type="checkbox"/>

### Monday

Time	Activity	Done
8am		<input type="checkbox"/>
9am		<input type="checkbox"/>
10am		<input type="checkbox"/>
11am		<input type="checkbox"/>
12pm		<input type="checkbox"/>
1pm		<input type="checkbox"/>
2pm		<input type="checkbox"/>
3pm		<input type="checkbox"/>
4pm		<input type="checkbox"/>
5pm		<input type="checkbox"/>

### Friday

Time	Activity	Done
8am		<input type="checkbox"/>
9am		<input type="checkbox"/>
10am		<input type="checkbox"/>
11am		<input type="checkbox"/>
12pm		<input type="checkbox"/>
1pm		<input type="checkbox"/>
2pm		<input type="checkbox"/>
3pm		<input type="checkbox"/>
4pm		<input type="checkbox"/>
5pm		<input type="checkbox"/>

### Tuesday

Time	Activity	Done
8am		<input type="checkbox"/>
9am		<input type="checkbox"/>
10am		<input type="checkbox"/>
11am		<input type="checkbox"/>
12pm		<input type="checkbox"/>
1pm		<input type="checkbox"/>
2pm		<input type="checkbox"/>
3pm		<input type="checkbox"/>
4pm		<input type="checkbox"/>
5pm		<input type="checkbox"/>

### Saturday

Time	Activity	Done
8am		<input type="checkbox"/>
9am		<input type="checkbox"/>
10am		<input type="checkbox"/>
11am		<input type="checkbox"/>
12pm		<input type="checkbox"/>
1pm		<input type="checkbox"/>
2pm		<input type="checkbox"/>
3pm		<input type="checkbox"/>
4pm		<input type="checkbox"/>
5pm		<input type="checkbox"/>

### Wednesday

Time	Activity	Done
8am		<input type="checkbox"/>
9am		<input type="checkbox"/>
10am		<input type="checkbox"/>
11am		<input type="checkbox"/>
12pm		<input type="checkbox"/>
1pm		<input type="checkbox"/>
2pm		<input type="checkbox"/>
3pm		<input type="checkbox"/>
4pm		<input type="checkbox"/>
5pm		<input type="checkbox"/>

### Sunday

Time	Activity	Done
8am		<input type="checkbox"/>
9am		<input type="checkbox"/>
10am		<input type="checkbox"/>
11am		<input type="checkbox"/>
12pm		<input type="checkbox"/>
1pm		<input type="checkbox"/>
2pm		<input type="checkbox"/>
3pm		<input type="checkbox"/>
4pm		<input type="checkbox"/>
5pm		<input type="checkbox"/>



## INCLUDING BREAKS

- Make sure to schedule breaks– pick a time of the day that would be most beneficial to you and your child to complete work (morning, afternoon, evening)
- A break could be scheduled for every 10 minutes, or it could be scheduled in between the completion of one assignment to the next
- Breaks can include access to reinforcement or can be accessed to appropriately escape the task for a predetermined amount of time



## Timers for Breaks





# Movement Breaks



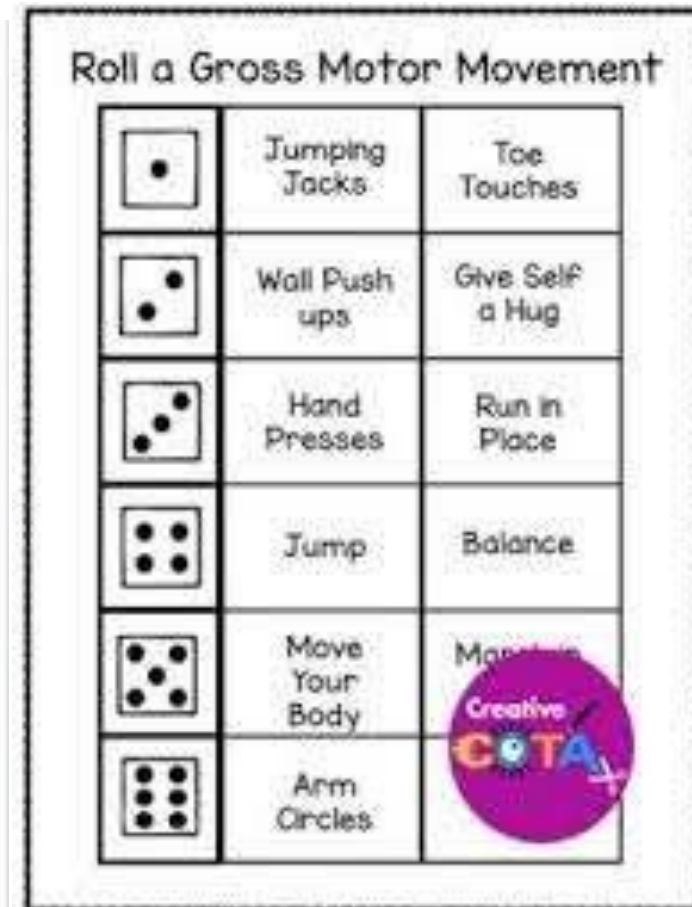
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## LIMIT ACCESS TO REINFORCEMENT DURING WORK TIME

- The work area your child is working in should not have distractions (TV, computer, preferred items, food)
- When these preferred items are in the work environment and freely available to the student, it decreases that items value as a reinforcer for completing work

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## Utilizing Question Cards

**I NEED  
HELP**



**I NEED A  
BREAK**



**I HAVE A  
COMMENT**







## REINFORCEMENT FOR WORK COMPLETION

- After limiting access to these preferred distractions- access can be granted to these items based upon a predetermined amount of work completed
- It may be possible to set up a behavior contract for work completion
- Control the reinforcers- consider having a locked place so they can be locked away
- Example: complete 3 math problems then have a 5 minute break on tiktok

CHOOSE SOMETHING HIGHLY MOTIVATING !

Excellent 

Great  improvement!

Good  job!

 PERFECT!  
100%

 very  
creative!

 YOU  
DID IT!

## 20+ Positive Student Gift/Reward Ideas





## WAYS TO PROMOTE ENGAGEMENT

- During live lessons, stop your child and ask questions related to the lesson, to check for understanding
- Have a peer, TA, or adult check in and check for understanding





## GENERAL TIPS

- Programing a bell schedule for the change of subjects/classes (can be used with alarm app on phone)
- Consider having multiple children work in separate work areas
- Encourage use of headphones, to reduce background noise
- Consider using a signal that it is work time (a sign that you can flip that its work time)
- Set up meals-- day before & in the morning. This way it is one less thing you have to put together for the day

## Activity Schedules/ Leisure Schedules



# APPS TO ASSIST ONLINE LEARNING

- Pictello
- Story Creator
- Choiceworks
- Lesson Pix







Q & A